



CHILDREN'S HOSPITAL  
& RESEARCH CENTER OAKLAND



LOCATIONS IN OAKLAND • WALNUT CREEK • MODESTO

## Sports Medicine Center for Young Athletes

744 52nd St., Oakland, CA 94609 • 510-428-3558 • [www.childrenshospitaloakland.org](http://www.childrenshospitaloakland.org)

# *Don't Side Out*

## Injury Prevention for Volleyball Athletes

Monday, September 28, 2009

7:00 p.m. – 8:00 p.m.

Outpatient Center Auditorium

744 52nd St., Oakland, Ca. 94609

Children's Hospital & Research Center Oakland

### **Guest Speaker:**

Stacy Wong, DPT

Physical Therapist, Sports Medicine Center for Young Athletes

### **RSVP:**

Sports Medicine Center, 510-428-3558, option 3

Please reserve your space as seating is limited.

**Q&A to follow:** *Athletes, parents, and coaches are invited to interact with the Sports Medicine Team in a Question & Answer session that follows the presentation.*



**Upcoming Seminars:**  
10/26/09- Sports Nutrition  
11/09- Low Back Pain

More details about our Sports Medicine Center for Young Athletes can be found at [www.childrenshospitaloakland.org](http://www.childrenshospitaloakland.org) or call the Sports Medicine Center at 510-428-3558